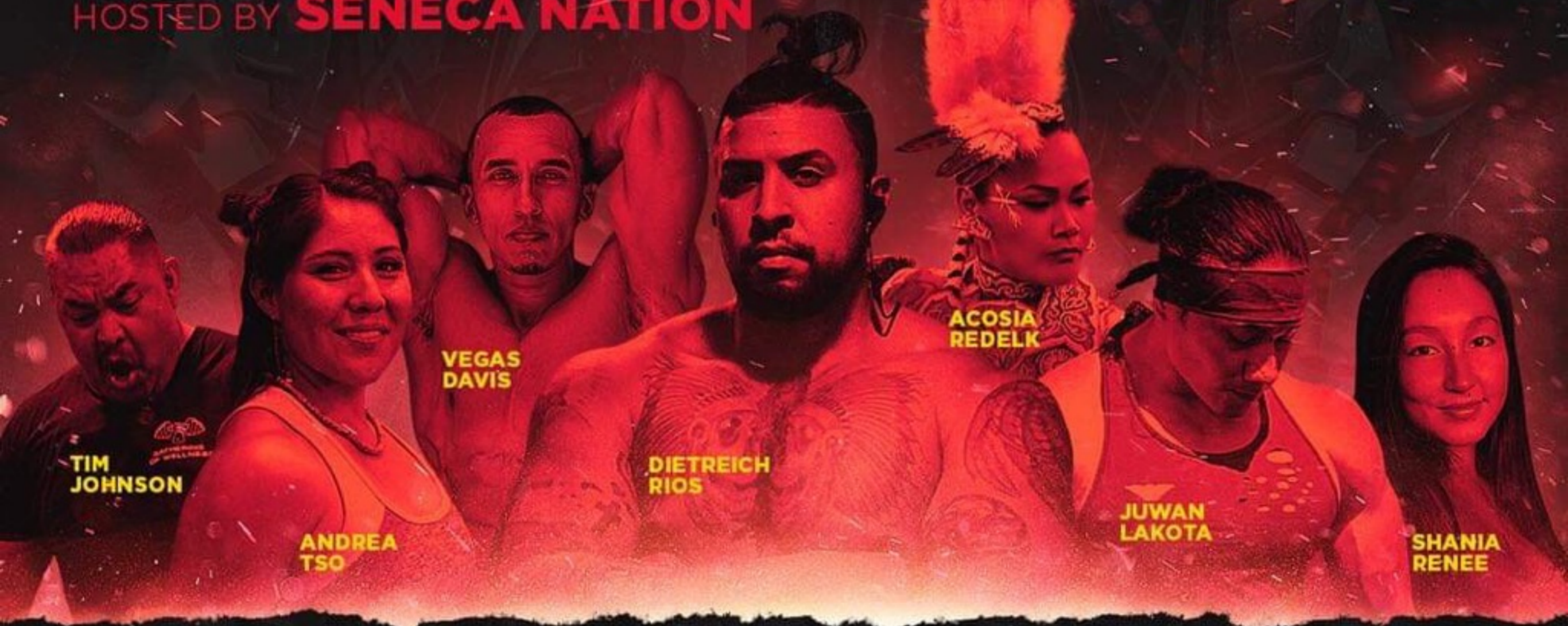


THURSDAY JULY 18th

GATHERING OF WELLNESS

HOSTED BY **SENECA NATION**



TIM JOHNSON

ANDREA TSO

VEGAS DAVIS

DIETREICH RIOS

ACOSIA REDELK

JUWAN LAKOTA

SHANIA RENEE

**YOGA / SPEED AND AGILITY / POWER LIFTING / BODYBUILDING
5K / PRIZES / COMPETITIONS / COMMUNITY DINNER**

5K REGISTRATION **10AM** START TIME **11AM**
ALLEGANY CENTER

GATHERING OF WELLNESS **1:30PM-4:30PM**
POW WOW GROUNDS



SPONSORED BY CATTARAUGUS AND ALLEGANY COMMUNITY CENTERS

